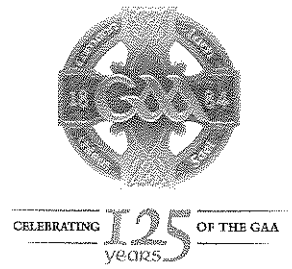


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PÓD/ÁNIM

6 Bealtaine, 2009

Do: Gach Rúnaí Contae.

A Chara,

I am writing to remind you of Motion 30 as passed at Congress 2008 in Sligo.

That Rule 4.2 (Equipment) of the Playing Rules for Hurling and Football is amended to read as follows:

- (a) *In all Hurling Games and Hurling Practice Sessions it is mandatory for all players to wear a helmet with a facial guard*
- (b) *Helmets shall be approved for use on the basis of compliance with standards and tests set out in IS 355 as determined by the National Standards Authority of Ireland (NSAI)*
- (c) *A Referee shall not allow a helmet to be worn in a football game*

This Rule shall come into operation on January 1st 2010.

Other Rule affected/possibly affected Rule 6.2 Playing Rules of Hurling and Rule 5.26 Playing Rules of Hurling

It is important that this rule is brought to the attention of all clubs and adult players immediately. Players who have not previously worn a helmet, including goalkeepers, will need time to adapt to the change and it is important that they are made aware of this rule as soon as possible.

Mise, le mór-mheas,

Páraic Ó Dufaigh

Páraic Ó Dufaigh,
ARD-STIÚRTHOIR.