EXPERIMENTAL DISCIPLINARY PLAYING RULES - FOOTBALL

Online presentation is available at www.gaa.ie

Sanction - Player Ordered off & NOT Replaced

- 5.1 To strike or attempt to strike an opponent with head, arm, elbow, hand or knee
- 5.2 To kick or attempt to kick an opponent with minimal force
- 5.3 To kick an opponent, either with force or causing injury
- **5.4** To attempt to kick an opponent with force
- 5.5 To stamp on an opponent
- **5.6** To behave in a way which is dangerous to an opponent
- 5.7 To inflict injury recklessly on an opponent by means other than stated above
- **5.8** To spit at an opponent
- **5.9** To contribute to a melee
- 5.10 To strike or attempt to strike, to interfere with or use threatening or abusive language or conduct to a Match Official 1ST Foul in this =
- **5.11** To assault an opposing Team official

5.12 To commit any of the fouls listed in Rule 5.1 to Rule 5.8 inclusive against a team-mate

5.13 To commit any of the fouls listed under Rule 5.1 to Rule 5.8 inclusive on an opponent on the field prior to the start of the game, at half time or after the game.

Sanction - Player Sent off & Replaced by Substitute (Highly Disruptive Fouls)

- (1) To pull down an opponent
- (2) To trip an opponent with hand (s) or foot
- (3) To deliberately body collide with an opponent after he has played the ball away or for the purpose of taking him out of a movement of play
- (4) To bring an arm around the neck of an opponent
- (5) To wrestle with an opponent, on the ground, and away from play
- (6) To remonstrate in an aggressive manner with a Match Official

1ST Foul in this = Category

Category



Sanction -1^{st} Infraction = Black Book

Repeat Infraction: Black Book + Yellow Card i.e. Player Sent off & Replaced by Substitute

- **5.16** To threaten/use abusive or provocative language/gestures to an opponent
- **5.17** To block or attempt to block with the boot when opponent is kicking from hand
- **5.18** To prevent or attempt to prevent an opponent from lifting or kicking the ball off the ground by striking opponent's hand, arm, foot or leg with the boot
- **5.19** To engage in any other form of rough play
- **5.20** To attempt to achieve an advantage by feigning a foul or injury
- **5.21** To threaten or use abusive or provocative language or gestures to a team-mate
- **5.22** To hold an opponent with the hand(s)
- **5.23** To use the fist on, or around the body of an opponent for the purpose of dispossessing him of the ball
- **5.24 (a)** To charge an opponent in the back or front
 - **(b)** To charge an opponent unless:
 - (i) He is in possession of the ball
 - (ii) He is playing the ball
 - (iii) Both players are moving in the direction of the ball to play it.

(c) To charge an opponent for the purpose of giving advantage to a team-mate Sanction -3^{rd} Infraction = Black Book

1ST Foul in this Category



4th Infraction = Black Book + Yellow Card i.e. Player Sent off & Replaced by Substitute

- 5.25 To push an opponent with the hand(s)
- 5.26 (a) To charge the Goalkeeper in the small rectangle
 - (b) For a player in possession of the ball to charge an opponent

3rd Foul in this Category



4th Foul in this Category

2nd Foul in this

Category

